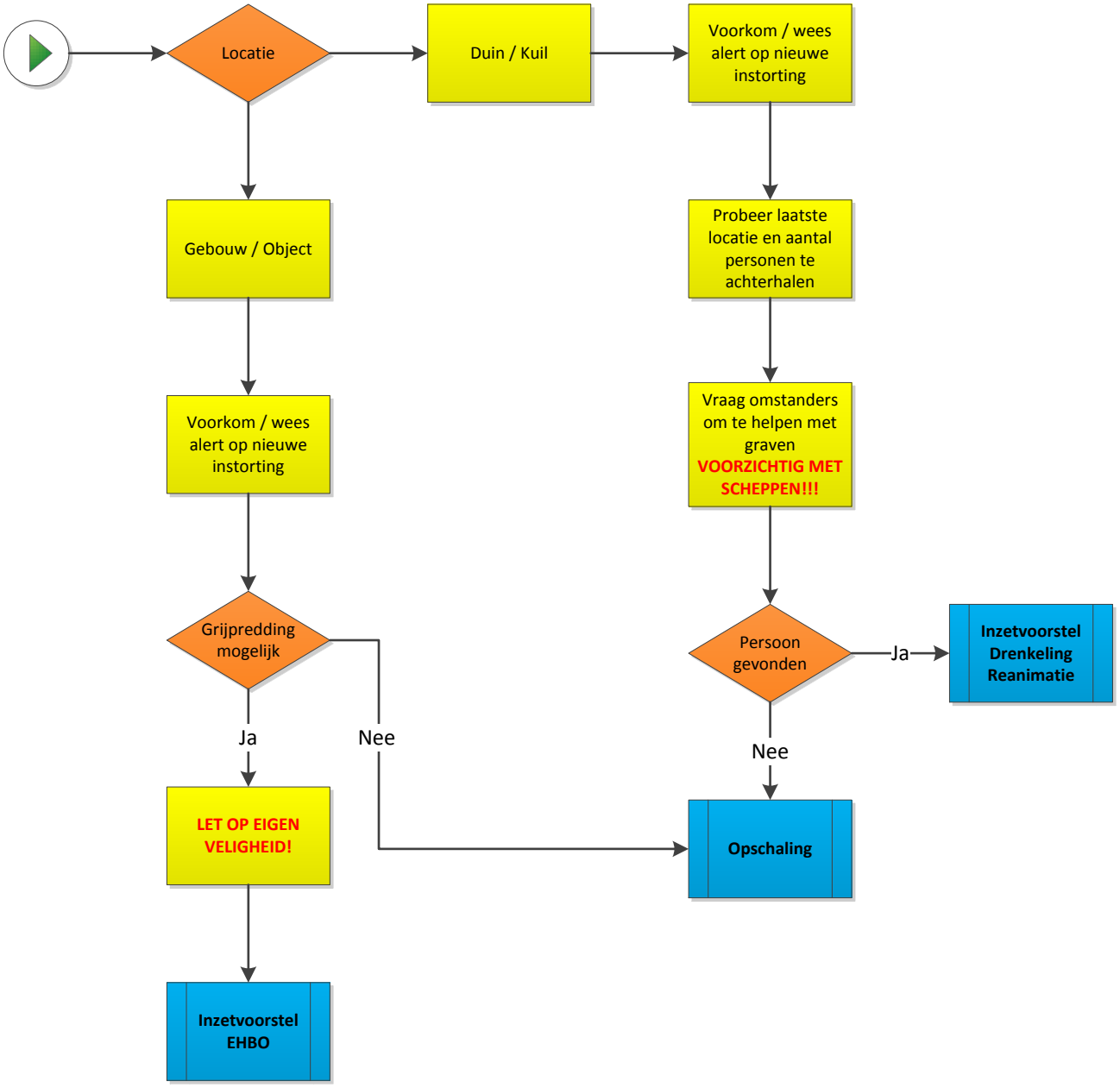EHBO: bedelving